

## GOVERNMENT OF WEST BENGAL

## Office of the Principal

SHAHID MATANGINI HAZRA GOVT. GENERAL DEGREE COLLEGE FOR WOMEN

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Date: 05.01.2024

Memo No. SMHGC/ 002/ 2024

Notice

## OBSERVATION OF STUDENTS WEEK 2024 ONLINE INTERACTIVE SESSION ON MENTAL HEALTH ON 7<sup>th</sup> JANUARY 2024 AT 2:00 PM

It is hereby notified that an online Interactive Session on Mental Health will be held on 7th January 2024 at 2pm.as part of Students Week Observation 2024 in collaboration with IQAC. All stakeholders are requested to attend the Programme.

## Programme Schedule

Speaker: Dr. Nilanjana Bagchi Associate Professor and HOD.

Dept. of Psychology, Bethune College

**Topic: Know Yourself: Mental Health and Wellbeing.** 

Time 2pm to 4pm

Mode: Google meet

Piku Dae Guf

**IQAC** Coordinator

**SMHGGDCW** 

Link: https://meet.google.com/wvg-mtxd-wfp

Shahid Matangini Hazra Govt. General Degree College for Women ChaksriKrishnapur-Kulberia::Kulberia::Purba Medinipur

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